IF YOU ARE AN LGBT ADULT WHO FEELS ISOLATED THIS HOLIDAY SEASON, YOU AREN’T ALONE!

THERE ARE MORE THAN 2.7 MILLION LESBIAN, GAY, BISEXUAL AND TRANSGENDER (LGBT) ADULTS AGES 50 OR OLDER LIVING IN COMMUNITIES ACROSS THE COUNTRY.

LGBT OLDER ADULTS ARE TWICE AS LIKELY TO LIVE ALONE AS NON-LGBT ADULTS AND OFTEN FACE SOCIAL ISOLATION AND VULNERABILITY.

MANY LGBT ELDERS RELY ON CHOSEN FAMILY AND THEIR COMMUNITIES FOR SUPPORT. SUPPORT LGBT ELDERS RESILIENCE!

RESOURCES FOR LGBT ELDERS IN YOUR AREA

FOR SUPPORT RANGING FROM FINANCIAL ASSISTANCE, TO HOUSING AND IN-HOME SERVICES, TO TRANSPORTATION TO VOLUNTEER OPPORTUNITIES, YOU CAN CONTACT THE RESOURCES BELOW.

IN PERSON

Email the SAGE LGBT Elder Hotline for local resource information and peer-to-peer support specifically for LGBT elders at sage@GLBThotline.org.

Visit www.ElderCare.gov for a list of comprehensive resources in your local community.

ONLINE

BY PHONE

The SAGE LGBT Elder Hotline is a safe place to call when you need to talk. 1-888-234-SAGE. They provide peer-to-peer support with no judgment.

National Eldercare Locator, a public service of the U.S. Administration on Aging connecting you to services for older adults and their families. Call 1-800.677.1116.