

# ARE YOU ONE OF THE 3.8M LGBT PEOPLE LIVING IN RURAL COMMUNITIES?



An estimated 2.9 to 3.8 million lesbian, gay, bisexual, and transgender (LGBT) people live in rural communities like ours across the United States. LGBT people are our neighbors, and they are small business owners, teachers and ministers, farmers and construction workers, and much more. LGBT people often choose to live in rural communities for many of the same reasons that other people do: for the strength of community and connection to family, for the pace of life and closeness to nature, or simply to be part of the place where they were raised and call home.



## RESOURCES IN OUR COMMUNITY

(write in local LGBT-supportive resources here in our home!)



### ONLINE

**TrevorChat** for young people: [www.thetrevorproject.org/get-help-now](http://www.thetrevorproject.org/get-help-now)

**CenterLink's** list of LGBT community centers in your state: <https://www.lgbtcenters.org/LGBTCenters>

**Lambda Legal help desk** for legal assistance: <https://www.lambdalegal.org/helpdesk>

**Learn more about the laws and policies** in your state: <http://www.lgbtmap.org/equality-maps>

### BY PHONE

**TrevorLifeLine** for young people by phone: 1-866-488-7386

**TrevorText** for young people by text: Text "START" to 678678

**Trans Lifeline** for transgender, non-binary, and gender-questioning people: 877-565-8860

**LGBT National Senior Hotline** for LGBT older adults: 888-234-7243



SCAN FOR MORE INFORMATION

