Identity Document Laws and Policies: Birth Certificates

No updates required since September 1, 2023

For more information about each state’s process and requirements, see also the National Center for Transgender Equality’s ID Documents Center.

Process categories and scoring system:
The process for changing the gender marker on a birth certificate involves:
(1) State issues new birth certificate and does not require surgery or a court order
(0.5) State is unclear regarding surgical/clinical requirements and/or requires a court order
(0) State has unclear, unknown, or unwritten policy regarding gender marker changes
(-1) State requires proof of “sex reassignment surgery” to change gender marker, or does not allow changing the gender marker at all

Option categories and scoring system:
(0.5) State allows individuals to mark M, F, or X on their birth certificate
(0) State only allows individuals to identify as male or female

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Alabama
• (-1) State requires proof of “sex reassignment surgery” to change gender marker
• (0) State only allows residents to identify as male or female
• See Alabama Code § 22-9A-19(d) (1992) or Form ADPH-HS-33

Alaska
• (1) State issues new birth certificate and does not require surgery or a court order
• (0) State only allows residents to identify as male or female
• See Department of Vital Records Gender Change Policy

Arizona
• (-1) State requires proof of “sex reassignment surgery” to change gender marker
• (0) State only allows residents to identify as male or female

Arkansas
• (-1) State requires proof of “sex reassignment surgery” to change gender marker
• (0) State only allows residents to identify as male or female
California

- (1) State issues new birth certificate and does not require surgery or a court order
- (0.5) State allows individuals to mark M, F, or X on their birth certificate
- See Health and Safety Code, §§ 103425-103445 (2014) and Form VS 24

Colorado

- (1) State issues new birth certificate and does not require surgery or a court order
- (0.5) State allows individuals to mark M, F, or X on their birth certificate
- See H.B. 19-1039 (2019) and Department of Public Health’s Birth Certificate Gender Change Information

Connecticut

- (1) State issues new birth certificate and does not require surgery or a court order
- (0.5) State allows individuals to mark M, F, or X on their birth certificate

Delaware

- (1) State issues new birth certificate and does not require surgery or a court order
- (0) State only allows individuals to identify as male or female

District of Columbia

- (1) State issues new birth certificate and does not require surgery or a court order
- (0.5) State allows individuals to mark M, F, or X on their birth certificate

Florida

- (1) State issues new birth certificate and does not require surgery or a court order
- (0) State only allows individuals to identify as male or female

Georgia

- (-1) State requires proof of “sex reassignment surgery” to change gender marker
- (0) State only allows residents to identify as male or female

Hawai`i

- (1) State issues new birth certificate and does not require surgery or a court order
- (0) State only allows individuals to identify as male or female
Idaho
• (1) State issues new birth certificate and does not require surgery or a court order
• (0) State only allows individuals to identify as male or female
• Recent history: F.V. v. Barron (2018) required Idaho’s Department of Health and Welfare to develop and implement a policy for issuing accurate birth certificates. The new policy was (1) state issued new birth certificate and did not require surgery or court order (see Idaho Gender Change Packet (2018)). However, HB509 (March 2020) changed the state’s policy to (-1) does not allow for amending the gender marker on the birth certificate at all. F.V. v. Jeppesen (August 2020), overturned HB509, reverting to the state’s earlier policy of (1) issuing new birth certificates and not requiring surgery or a court order.

Illinois
• (1) State issues new birth certificate and does not require surgery or a court order (2017)
• (0.5) State allows individuals to mark M, F, or X on birth certificate (2020)
• See Illinois Vital Records Act (2017) and Illinois Department of Public Health forms

Indiana
• (-1) State does not allow for amending the gender marker on the birth certificate at all
• (0) State only allows residents to identify as male or female
• In Dec 2014, an Indiana court ruled that the state’s existing statute (16-37-2-10(b)) allowed for state courts to issue court orders to change the gender marker on a birth certificate (score of 0.5). This was affirmed again by a later court ruling in 2017. However, appellate court rulings in May 2022 and Dec 2022 argued that existing statute does not apply to gender marker changes and therefore that state courts have no authority to issue court orders to change gender markers on birth certificates. In May 2023, the state Supreme Court declined to hear those cases, meaning that state courts cannot change gender markers on birth certificates.
• See Ind. Code Ann. § 16-37-2-10(b), IN Department of Health FAQ, and NCTE information

Iowa
• (-1) State requires proof of “sex reassignment surgery” to change gender marker
• (0) State only allows residents to identify as male or female
• See Iowa Code Ann. § 144.23(3) (2004)

Kansas
• (0) State has unclear, unknown, or unwritten policy regarding gender marker changes
• (0) State only allows residents to identify as male or female
• Formerly, state issued new birth certificate and did not require surgery or a court order, as required by a consent judgment in Foster v. Andersen (2019). See also Form VS624 on department website, including this FAQ on updating the gender on birth certificates. However, in August 2023, a federal court vacated parts of the consent judgment, after the state enacted a new law defining sex throughout state law based on sex assigned at birth. This leaves the legal availability of gender marker changes uncertain for now.
Kentucky
- (-1) State requires proof of “sex reassignment surgery” to change gender marker
- (0) State only allows residents to identify as male or female

Louisiana
- (-1) State requires proof of “sex reassignment surgery” to change gender marker
- (0) State only allows residents to identify as male or female

Maine
- (1) State issues new birth certificate and does not require surgery or a court order
- (0.5) State allows individuals to mark M, F, or X on birth certificate
- See Maine Department of Health and Human Services 10-146 CMR ch. 16 (2020)

Maryland
- (1) State issues new birth certificate and does not require surgery or a court order
- (0) State only allows residents to identify as male or female

Massachusetts
- (1) State issues new birth certificate and does not require surgery or a court order
- (0) State only allows residents to identify as male or female

Michigan
- (1) State issues new birth certificate and does not require surgery or a court order
- (0.5) State allows individuals to mark M, F, or X on birth certificate
- State formerly required proof of sex reassignment surgery in order to change gender marker (see Mich. Comp. Laws Ann. § 333.2831(c) (2006)). In February 2021, the Michigan Department of Health and Human Services (MDHHS) formally requested guidance from the state’s Attorney General regarding the constitutionality of that requirement. In June 2021, the Attorney General issued Opinion 7313, finding that the requirement was unconstitutional. In July 2021, the state published a new process allowing for self-attestation with no requirement of medical documentation or a court order. See also Sex Designation Form, including “X” options.

Minnesota
- (1) State issues new birth certificate and does not require surgery or a court order
- (0) State only allows residents to identify as male or female
**Mississippi**
- (0.5) State is unclear regarding surgical/clinical requirements and/or requires a court order
- (0) State only allows residents to identify as male or female
- See Miss. Admin. Code 15-5-85:3.21.2

**Missouri**
- (-1) State requires proof of “sex reassignment surgery” to change gender marker
- (0) State only allows residents to identify as male or female

**Montana**
- (-1) State does not allow for amending the gender marker on the birth certificate at all
- (0) State only allows residents to identify as male or female
- See Rule 37.8.311 (Sept 2022), prohibiting any changes to the gender marker.
  - Due to events described below, the state claims it is accepting applications to update gender markers on birth certificates, and a Gender Designation Form is currently available on the state website. However, given the hostility of the state, it is unknown whether such applications will actually be processed or approved, and meanwhile both Rule 37.8.311 and SB280 remain on the books in Montana, pending ongoing litigation. This map and citation sheet will be updated as events continue to unfold.
  - Recent history:
    - Formerly, state issued new birth certificate and did not require surgery or court order (see Rule 37.8.311, 2017 version).
    - In 2021, the state enacted SB280, adding requirements for proof of surgery and a court order before updating the birth certificate.
    - In July 2021, a lawsuit was filed against this discriminatory law.
    - In April 2022, a district court issued a preliminary injunction temporarily blocking enforcement of the law and ordering the state to its previous 2017 process while the court case continued.
    - In May 2022, despite the court order, the state health department issued an “emergency order” that prohibits any update to the gender marker on the birth certificate under any circumstance, even with proof of surgery and a court order.
    - On Sept 9, 2022, this emergency order was formally adopted as an administrative rule (Rule 37.8.311).
    - On Sept 15, 2022, the court again ordered the state to revert to its 2017 process and to stop violating the court’s instructions. Hours later, the state responded by saying it would continue to enforce its new rule, but the following week the state said it would comply with the court order and accept applications for birth certificate updates. A Gender Designation Form is now available on the state website, but given the hostility of the state, it is unknown whether such applications will actually be processed or approved.
    - On Sept 26, 2022, the Montana health department asked the Montana Supreme Court to suspend the district court’s order so the health department can resume its rule prohibiting any gender marker changes.
In January 2023, the Montana Supreme Court ruled the state health department should have been issuing updates according to the 2017 procedures during the injunction period. However, the ruling also stated that the new 2022 administrative rules (banning updates under any circumstance) would need to be addressed separately.

In June 2023, the district court order ruled SB280 unconstitutional, permanently blocked the law, and further found the state in contempt for disregarding the court’s repeated orders to follow the 2017 process. The status of the 2022 administrative rule is unclear, but the Gender Designation Form is again available on the state’s site.

Nebraska
- (-1) State requires proof of “sex reassignment surgery” to change gender marker
- (0) State only allows residents to identify as male or female

Nevada
- (1) State issues new birth certificate and does not require surgery or a court order
- (0.5) State allows individuals to mark M, F, or X on birth certificate

New Hampshire
- (-1) State requires proof of “sex reassignment surgery” to change gender marker
- (0) State only allows residents to identify as male or female
- See NH RSA 5-C:87

New Jersey
- (1) State issues new birth certificate and does not require surgery or a court order
- (0.5) State allows individuals to mark M, F, or X on birth certificate

New Mexico
- (1) State issues new birth certificate and does not require surgery or a court order
- (0.5) State allows individuals to mark M, F, or X on birth certificate
- See SB 20 (2019). Formerly (-1) required proof of “sex reassignment surgery.”

New York
- (1) State issues new birth certificate and does not require surgery or a court order
- (0.5) State allows individuals to mark M, F, or X on birth certificate (2020)
- See NYCCRR Title 10 Section 35.2 (2014) and DOH’s Gender Designation Corrections information, “including requests for non-binary gender designations.” See also Form DOH-5305 (January 2023).
North Carolina
- (1) State issues new birth certificate and does not require surgery or a court order
- (0) State only allows residents to identify as male or female
- See N.C. Gen. Stat. §§ 130A-118(b)(4), (e) (2005); a 2022 case brought by Lambda Legal resulted in a consent judgement through the state must provide accurate birth certificates without undergoing surgery.

North Dakota
- (-1) State does not allow for amending the gender marker on the birth certificate at all
- (0) State only allows residents to identify as male or female
- See HB1297 (2023) banning any sex/gender marker changes to birth certificates, and HB1139 (2023) requiring birth certificates to include a sex marker and banning the use of any marker other than male or female

Ohio
- (0.5) State is unclear regarding surgical/clinical requirements and/or requires a court order
- (0.5) State allows individuals to mark M, F, or X on birth certificate
- See Ohio Department of Health’s website (2021) and ACLU of Ohio’s FAQ for X option info. See also Form 30.0 “Application for Correction of Birth Record” (Aug 2021) to initiate court order.
- Prior to 2016, state (0.5) updated gender markers with a court order, consistent with state’s statutory process for other birth certificate changes. Beginning in 2016, state (-1) refused to change gender markers even under court order. This policy was ruled unconstitutional in Ray v. McCloud (Dec 2020), and the state announced in April 2021 that it would not challenge the ruling. The current policy (0.5) was announced in May 2021.

Oklahoma
- (-1) State does not allow for amending the gender marker on the birth certificate at all
- (0) State only allows residents to identify as male or female
  - Note: the state issued its first nonbinary marker in Oct 2021, but the state’s Governor then issued Executive Order 2021-24 (Nov 2021) to prevent such options. The following year, a new legislative ban on nonbinary markers was also enacted, SB1100 (2022).
- Previously, Oklahoma had unclear, unknown, or unwritten policy regarding gender marker changes on birth certificates (0). In Oct 2021, the state’s Department of Health formalized a process for these changes (requiring a court order (0.5)) including the option of a nonbinary gender marker, all as part of a settlement in a federal lawsuit. In Nov 2021, the state’s Governor issued Executive Order 2021-24, not only preventing nonbinary options but also any changes of sex/gender markers on birth certificates (-1).

Oregon
- (1) State issues new birth certificate and does not require surgery or a court order
- (0.5) State allows individuals to mark M, F, or X on birth certificate
- See HB 2673 (2017)
Pennsylvania
• (1) State issues new birth certificate and does not require surgery or a court order
• (0) State only allows residents to identify as male or female
• See Pennsylvania Department of Health policy and Birth Certificate Correction Form

Rhode Island
• (1) State issues new birth certificate and does not require surgery or a court order
• (0.5) State allows individuals to mark M, F, or X on birth certificate (2019)

South Carolina
• (0) State has unclear, unknown, or unwritten policy regarding gender marker changes
• (0) State only allows residents to identify as male or female
• See NCTE for more information.

South Dakota
• (0) State has unclear, unknown, or unwritten policy regarding gender marker changes
• (0) State only allows residents to identify as male or female
• See S.D. Admin. R. 44:09:05:02, or NCTE for more information.

Tennessee
• (-1) State does not allow for amending the gender marker on the birth certificate at all
• (0) State only allows residents to identify as male or female

Texas
• (0.5) State is unclear regarding surgical/clinical requirements and/or requires a court order
• (0) State only allows residents to identify as male or female
• See Form VS-170, TX Health & Safety Code § 192.011, and NCTE for more information

Utah
• (-1) State requires proof of “sex reassignment surgery” to change gender marker
• (0.5) State allows individuals to mark M, F, or X on birth certificate
• See SB93 (2023), requiring a court order, which can only be granted “if the court determines by clear and convincing evidence that” the individual has met a long list of criteria including that they have transitioned, and further mentions that the court “shall consider...evidence of medical history, care, or treatment related to sex transitioning.”
• Formerly, state required a court order (0.5) to change the birth certificate, but did not specify any medical or other requirements to do so. See Utah Code Ann. § 26-2-11 (2004)
Vermont

- (1) State issues new birth certificate and does not require surgery or a court order
- (0.5) State allows individuals to mark M, F, or X on birth certificate
- See H 628 (April 2021, effective July 1, 2022)
- Formerly, (0.5) state required a court order. See 18 Vt. Stat. § 5112 (2011).

Virginia

- (1) State issues new birth certificate and does not require surgery or a court order
- (0) State only allows residents to identify as male or female
- See SB 657 (2020)

Washington

- (1) State issues new birth certificate and does not require surgery or a court order
- (0.5) State allows individuals to mark M, F, or X on birth certificate
- See the Washington Department of Health’s policy

West Virginia

- (1) State issues new birth certificate and does not require surgery or a court order
- (0) State only allows residents to identify as male or female
- See Sex Designation Form (May 2022) or West Virginia Department of Health & Human Resources “Correcting a Birth Certificate” page
- Recent history: State clearly allowed for gender updates with a court order (see W. Va. Code § 16-5-25, § 64-32-12) (MAP score of 0.5), but in June 2020 the State Supreme Court of Appeals ruled in In re: G.M. that courts do not have the authority to order state’s Department of Health & Human Resources to change the gender marker on a birth certificate, in effect disallowing gender marker changes entirely (MAP score of -1). In August 2021, this ruling was appealed by the ACLU in Hersom v. Crouch; see also this coverage. In May 2022, the state Department of Health & Human Resources issued a new form allowing individuals to update their birth certificates (see above), and the court case is now on temporary pause (“in abeyance”) while the parties discuss potential settlement.

Wisconsin

- (-1) State requires proof of “sex reassignment surgery” to change gender marker
- (0) State only allows residents to identify as male or female

Wyoming

- (0.5) State is unclear regarding surgical/clinical requirements and/or requires a court order
- (0) State only allows residents to identify as male or female
- See WY Rules and Regulations HLTH VR Ch. 10 s 4(e)(iii) (2004) or NCTE’s state page
U.S. Territories

American Samoa
- (0) Territory has unclear, unknown, or unwritten policy regarding gender marker changes
- (0) Territory only allows residents to identify as male or female
- “The High Court of American Samoa has held that the alteration of a birth certificate is granted only to correct information that was erroneous at the time of recordation, or to reflect a name change due to adoption.” NCTE reports anecdotal cases of successfully updating gender markers on birth certificates, but there is no clear policy for doing so.

Guam
- (-1) Territory requires proof of “sex reassignment surgery” to change gender marker
- (0) Territory only allows residents to identify as male or female
- “In order to update the gender marker on a birth certificate, the requestor must provide a sworn statement from the physician having performed the surgery, thus certifying the sex of the requestor has been changed by surgical procedure.”

Commonwealth of the Northern Mariana Islands
- (0.5) Territory is unclear regarding surgical/clinical requirements and/or requires a court order
- (0) Territory only allows residents to identify as male or female
- “In order to change a legal name on a birth certificate, the applicant must provide a court order for legal name and gender marker change to the Vital Statistics Office Division of Public Health.”

Puerto Rico
- (1) Territory issues new birth certificate and does not require surgery or a court order
- (0) Territory only allows residents to identify as male or female
- See Arroyo v. Rosselló (2018) or NCTE for more information.

U.S. Virgin Islands
- (0) Territory has unclear, unknown, or unwritten policy regarding gender marker changes
- (0) Territory only allows residents to identify as male or female
- See NCTE for more information.